



Life Studies Parent Voice

Wednesday 26th November 2025

Aspire **TODAY** *Inspire* **TOMORROW**



Pride in Perins

P

Participation

E

Excellence

R

Respect

I

Independence

N

Nurturing

S

Safe

“At Perins School we aim to instil all pupils with the skills, qualities, and knowledge needed to function in modern society.

The personal development of each individual pupil is at the forefront of all learning that takes place and is always considered at each stage in that journey.

We aim to prepare pupils for life beyond the classroom”.

KS3 Long Term Plan - Overview

<u>Year 7</u>	<u>Year 8</u>	<u>Year 9</u>
<u>Autumn 1:</u> Finding yourself	<u>Autumn 1:</u> Britishness and commonwealth	<u>Autumn 1:</u> Equality and influence
<u>Autumn 2:</u> Prejudice and discrimination	<u>Autumn 2:</u> Human rights	<u>Autumn 2:</u> Ethical issues
<u>Spring 1:</u> Politics and parliament	<u>Spring 1:</u> Careers	<u>Spring 1:</u> Drug education
<u>Spring 2:</u> Healthy Lifestyles	<u>Spring 2:</u> Finance and money	<u>Spring 2:</u> Digital Hygiene and online safety
<u>Summer 1:</u> Relationships and sex education	<u>Summer 1:</u> Relationships and sex education / alcohol education and risk taking	<u>Summer 1:</u> Relationships and Sex Education
<u>Summer 2:</u> Crime and punishment	<u>Summer 2:</u> Women in society	<u>Summer 2:</u> Finance and money

Year 7 content:

A1: Finding yourself

SP1: Parliament and
politics

SUM1:
Relationships and
Sex education

A2: Prejudice and
discrimination

SP1: Healthy
Lifestyles

SUM2: Crime and
Punishment

Year 7 HE/RSE content:

- Physical anatomy
- Puberty
- Menstruation
- Personal hygiene
- Balanced relationships
- Giving advice and Conflict resolution
- Abuse

Year 8 content:

A1: Britishness and
Commonwealth

SP1: Careers

SUM1: Relationships and Sex
education / Alcohol and risk
taking

A2: Human Rights

SP2: Money and Finance

SUM2: Women in society

Year 8 HE/RSE content:

- What is consent?
- What is grooming?
- Is it okay to share images online?

By the age of 12, 97% of children own a mobile phone.

A big part of our choice to focus on grooming and understanding the risks around online sharing of images is because of their prevalent presence.

Year 9 content:

A1: Equality and influence

SP1: Life in the UK

SUM1: Relationships and sex
education

A2: Drug education

SP2: Online safety and digital
hygiene

SUM2: Finance and money

Year 9 RSE content:

- Attitudes to relationships
- Consent
- Bodies
- Contraception and condoms

KS4 Long Term Plan - Overview

<u>Year 10</u>	<u>Year 11</u>
<u>Autumn 1:</u> Mental Health	<u>Autumn 1:</u> Future options and mental health
<u>Autumn 2:</u> Crime and punishment	<u>Autumn 2:</u> Drug education and political understanding
<u>Spring 1:</u> Drug and cancer education	<u>Spring 1:</u> Money and finance
<u>Spring 2:</u> Power, privilege and protest	<u>Spring 2:</u> Relationships and sex education
<u>Summer 1:</u> Relationships and sex education	<u>Summer 1:</u> Individual exam preparation
<u>Summer 2:</u> Current issues and affairs	<u>Summer 2:</u> GCSE Exam series

Year 10 content:

A1: Mental health

SP1: Physical health and safety

SUM1: Relationships and sex
education

A2: Crime and the law

SP2: Power, privilege and
protest

SUM2: Current affairs

Year 10 RSE content:

- Healthy relationships
- Fertility
- Risk and contraception
- Pregnancy options
- Stages of pregnancy
- Parenting styles
- Cost of raising a child
- FGM
- Pleasure
- Gender identity

Year 11 content:

A1: Post 16 options

SP1: Money, power and
politics

SUM1: GCSE Revision

A2: Health and wellbeing

SP2: Relationships and sex
education

SUM2: GCSE exam series

Year 11 RSE content:

- Healthy relationships
- Consent
- Pornography
- Sexting
- Sexual health services

RSE Policy and withdrawal from lessons

There are only 3 areas within the curriculum where the withdrawal of your child from lessons is available. They are the following:

- The facts about the full range of contraceptive choices, efficacy and options available (Year 9 and 10)
- That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help) (Year 10 and 11)
- How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment (Year 11)

Statutory topics PSHE for next Academic Year

*The following topics are to be made statutory for all schools in
England and Wales from September 2026*



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Health Education (HE)

- Vaping, inc. illicit vapes
- Personal safety relating to drink spiking and methanol poisoning
- Accessing healthcare services
- Online misinformation and conspiracy theories
- Gillick competence and medical consent
- Personal safety, including travel safety, violence prevention and knife crime
- Menstrual and gynecological health

OPTIONAL – Teaching on self harm

Health Education (HE)

Content	Where it is currently delivered
Vaping, inc. illicit vapes	Vaping is taught in year 7 and year 10.
Personal safety relating to drink spiking and methanol poisoning	Alcohol and risk taking is taught in year 8.
Accessing healthcare services	Access to sexual health services is taught in year 11.
Online misinformation and conspiracy theories	Misinformation is taught in the year 9 unit on digital hygiene.
Gillick competence and medical consent	Na
Personal safety, including travel safety, violence prevention and knife crime	Personal safety is taught throughout. Knife crime is taught in year 7.
Menstrual and gynecological health	Na
OPTIONAL – Teaching on self harm	Taught in year 10.

Relationships and Sex Education (RSE)

- Misogyny and incel culture
- AI chatbots, images and deepfakes
- Sexual ethics – more sophisticated approach to exploring consent including power dynamics
- Greater focus on pornography inc. depictions of strangulation
- HIV prevention drugs
- FGM, virginity testing or hymenoplasty
- Online financial harms including scams and sextortion

Relationships and Sex Education (RSE)

Content	Where it is currently delivered
Misogyny and incel culture	Misogyny is currently taught in year 10.
AI chatbots, images and deepfakes	Year 9 do a unit on digital hygiene. This will need further input.
Sexual ethics – more sophisticated approach to exploring consent including power dynamics	Consent is taught in all years. However, sexual ethics will most likely be delivered in KS4.
Greater focus on pornography inc. depictions of strangulation	Pornography is taught in year 11.
HIV prevention drugs	Science are reviewing their curriculum to find an appropriate place for this.
FGM, virginity testing or hymenoplasty	FGM is taught in year 10.
Online financial harms including scams and sextortion	Year 9 complete a unit on digital hygiene.

Any questions?

Any questions in private please speak with Ms. Maldonado

Or email emaldonado@perins.hants.sch.uk with your queries.

Thank You



The background of the image is a photograph of a rugged, snow-covered mountain peak under a clear sky. A large, white, rounded speech bubble is centered over the mountain. Inside the bubble, the text "Aspire TODAY Inspire TOMORROW" is written in a mix of blue script and bold sans-serif fonts. The quote is enclosed in large, white, stylized quotation marks at the top and bottom of the bubble.

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