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Date: 16 October 2023

Dear Parent/s/Carers,

## Vaping among children and young people - Public Health Information

In July, I wrote to you about the potential risks associated with the underage use of vapes (also known as e-cigarettes). In that letter, I outlined the actions the County Council is taking to help tackle this issue, and the support we want to provide to parents and carers to help them talk with their children about this topic. Today, I am writing to you with a further update.

We have produced a range of information and advice materials that we hope you will find helpful. This includes:

- the enclosed leaflet to help you fully understand the impact of vaping. It
  explains the health risks to children and young people, the law regarding the
  use of vapes, as well as the environmental impact especially of disposable
  vapes.
- a range of educational materials, developed with schools. This includes information posters and classroom lesson resources. Schools have been encouraged to use these materials to help them communicate with pupils about the risk of vaping.

In addition to this work with schools, the County Council is tackling the underage sale of vapes and illegal vapes through Hampshire Trading Standards. If you need to report information concerning vapes to Trading Standards, please visit <a href="Hampshire Trading Standards">Hampshire Trading Standards</a> and use the 24/7 regional reporting facility listed under 'Tobacco and Vapes'.

While it is important to understand the risk of vaping in children and young people, vapes can, however, be a good quit aid for adults who currently smoke, and we continue to support people to quit smoking through our stop smoking service <a href="Smokefree Hampshire">Smokefree Hampshire</a>.



Lastly, I welcome the <u>measures</u> outlined by the Prime Minister on 4 October, for a smokefree generation, including restricting disposable vapes and regulating flavours and packaging, to reduce their appeal to children. Furthermore, to reduce smoking uptake, the government has set out to introduce a new law to stop the sale of tobacco products to anyone born on or after 1 January 2009 – this has the potential to phase out smoking in young people, almost completely, as early as 2040.

Yours sincerely,

Simon Bryant FFPH

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Director of Public Health Hampshire County Council