

KEY STAGE FOUR PATHWAYS

Subject Title: **GCSE Physical Education**

Subject Team Leader: **Mr R Whybro** (whybror@perins.hants.sch.uk)

Examination Board: **AQA** www.aqa.org.uk

Course Content

The course is split into practical and theory sessions.

Practical – Students will experience a variety of sports/ physical activities. Individuals are assessed as performers in three different sports and need to be able to play these sports to a good standard in competition (not recreationally) to achieve the higher marks.

One of these sports must be a team sport and one must be an individual sport typically from the following list.

Individual – athletics, badminton, rowing (lake), cycling (track or road competition), dance, golf, gymnastics, equestrian, rock climbing, skiing, squash, swimming, tennis, table tennis, trampolining

Team – football, basketball, cricket, hockey, netball, lacrosse, rugby, volleyball (tennis / squash / badminton / table tennis – can enter as a doubles player – but cannot enter as both singles and doubles player), dance – group performance (cannot enter dance as individual and a group)

Theory – This covers many topics including applied anatomy and physiology, movement analysis, physical training, use of data, sports psychology, socio-cultural influences and health, fitness and well-being.

Assessment

Two 1hr 15min exams in the summer of Year 11 Worth 60% of final mark (each paper is worth 30%)

Paper 1 = Anatomy & Physiology, Fitness & Training, Movement Analysis, Data Analysis

Paper 2 = Sport Psychology, Commercialisation of Sport, Social Factors & Participation, Ethical & Socio-cultural issues

Practical Assessment (30% of final mark)
Have to enter 3 practical sports (each weighted 10%)

Coursework (worth 10% of final mark)
In depth written analysis and evaluation of own sporting performance completed in theory lessons.
Marked by teachers and moderated by AQA.

