

# KEY STAGE FOUR SUBJECT INFORMATION

Subject Title: **Core Physical Education (Compulsory)**

Subject Team Leader: **Mr R Whybro** ([whybror@perins.hants.sch.uk](mailto:whybror@perins.hants.sch.uk))

Examination Board: **Non-Examined**

## Course Content

Physical Education is a compulsory subject and is taught twice a week for all year groups. As part of the subject, pupils will be taught in either single sex or mixed ability groups. Areas studied as part of PE include invasion games (i.e., football), striking a fielding (i.e. rounders), net games (i.e. badminton), fitness, athletics and leadership (i.e. OAA). The subject is not formally assessed.

The aim of PE is to help our pupils develop a range of skills from experiencing a variety of activities and sports so that they will maintain their participation in exercise for many years beyond Perins. We hope that they also gain a better understanding of the importance of health and exercise.

